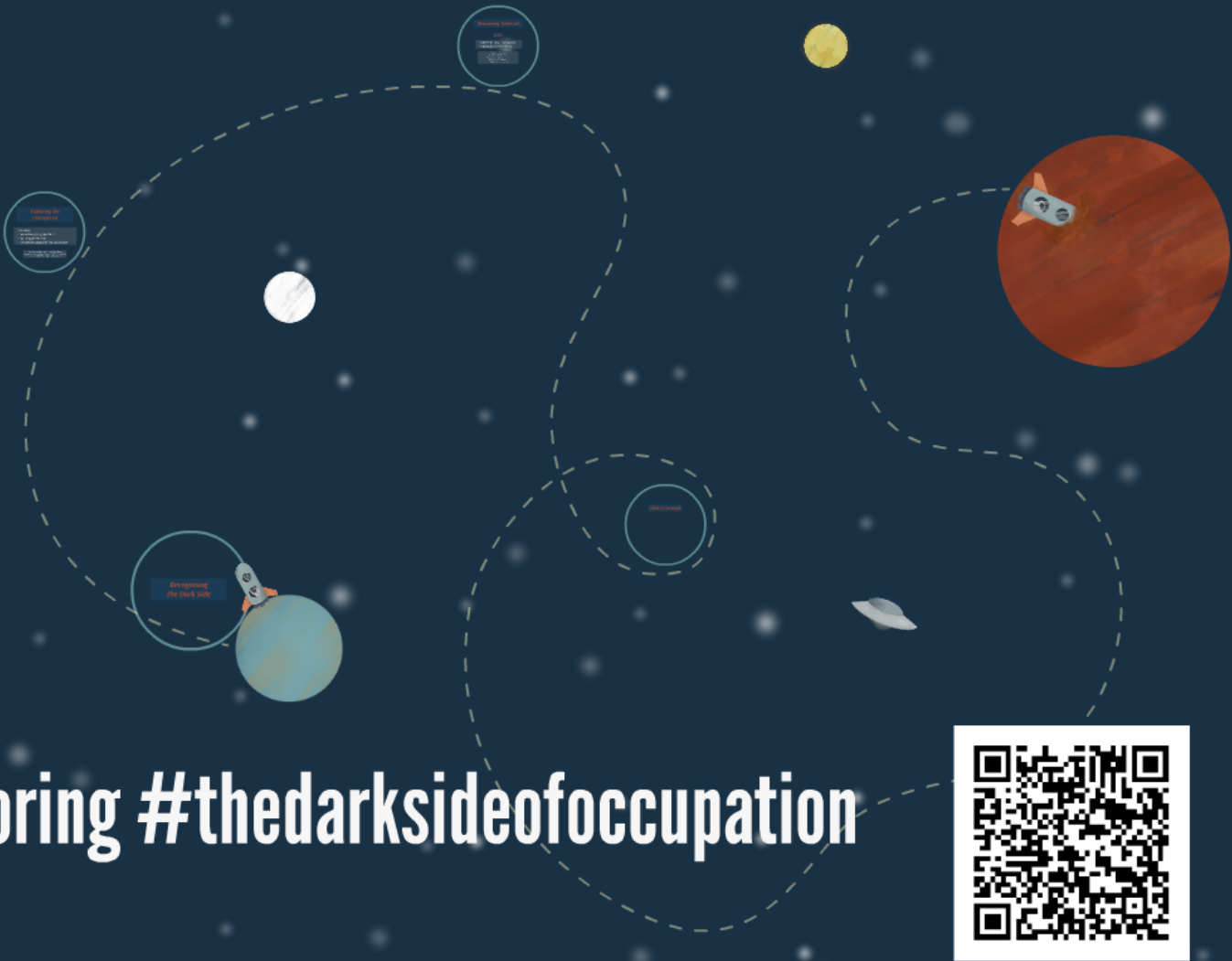


Exploring #thedarksideofoccupation



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Introductions



Mary Cowan @marysotfocus
Clarissa Sorlie @geekyOT



*Recognising
the Dark Side*

Exploring the Unexplored

- Curiosity
- Permission-giving questions
- Exploring motivation
- Recognising appeal of the occupation

"Superficial analysis may indicate that a client's engagement in occupation is adaptive when it is actually pathologically driven." (Jones, 2010, pg. 204)

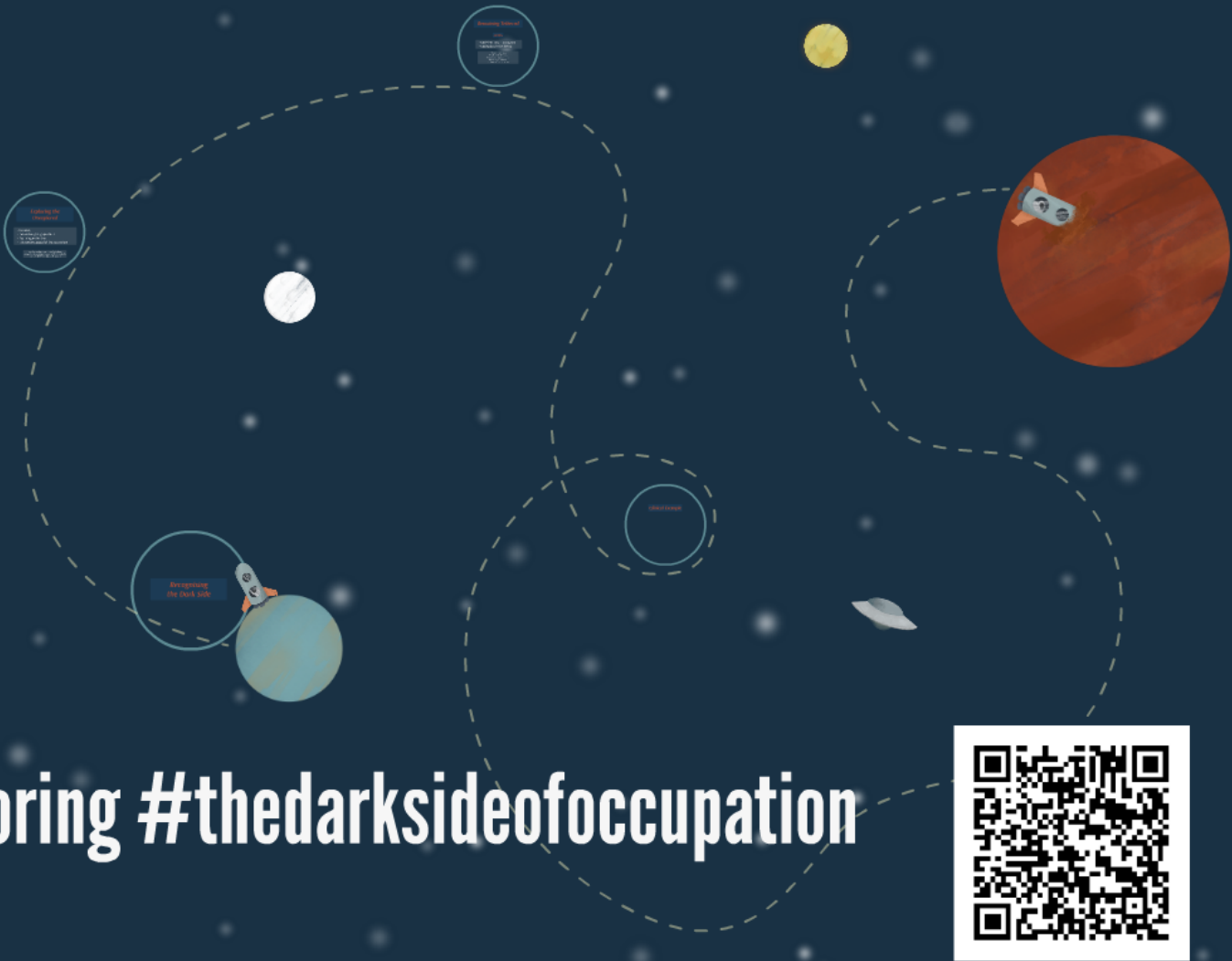
Remaining Tethered

Models

- Model of Human Occupation
- Motivational Interviewing

Rolling with resistance
Developing discrepancy
Assessing readiness for change
Identifying ambivalence
Self-motivating statements

Clinical Example



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